

Chris Lundgren

Chris Lundgren is the author of three books: *Accidental Adventures: Alaska — True Tales of Ordinary People Facing Danger in the Wilderness*; *The Runner's World Guide to Running and Pregnancy*; and *Legendary Locals of Chugiak-Eagle River*. Her work in progress is a biography of the first female climber to solo summit Denali. The book is due out from Epicenter Press in 2025. A resident of Alaska for the past 26 years, Chris enjoys running, hiking, cold-water swimming, skiing, and hanging out with family and friends. She lives in Eagle River with her husband, Carl.