

Chris Lundgren Bio

Chris Lundgren is the author of four books: *Her Denali Solo: A Woman Alone on North America's Highest Peak* (Epicenter Press, 2026); *Accidental Adventures: Alaska—True Tales of Ordinary People Facing Danger in the Wilderness* (Globe Pequot, 2020); *Legendary Locals of Chugiak-Eagle River*, Arcadia Press (2014); and the *Runner's World Guide to Running and Pregnancy* (Rodale Press, 2003). She has lived in Alaska since 1997. In her free time, she enjoys running, hiking, lake and ocean swimming, playing in the snow, and hanging out with family and friends.